



President: Anna Krasno, Ph.D.
President-Elect: Annika Okamoto, Ph.D.
Treasurer: Darren Del Castillo, Ph.D.
Secretary: Avery Voos, Ph.D.
LAN Representative: Dean Given, Ph.D.
Student Representative: Amanda Clapp
Past President: Christina Donaldson, Ph.D.

**Santa Barbara County Psychological Association
Board Of Directors Meeting
Minutes**

Regular Board Meeting via Zoom

**April 11, 2022
8:15AM to 9:30AM**

Agenda Item 1: Call to Order and Review of Minutes

- Dr. Anna Krasno called meeting to order at 8:18AM.
- Attendance and evaluation of quorum: Drs. Anna Krasno, Avery Voos, Paula Strauss, Darren Del Castillo, Annika Okamoto, Karen Lehman, Pati Montojo, and Brooke Sears.
- Review of March 2022 Minutes
 - Dr. Annika Okamoto motioned to approve, Dr. Darren Del Castillo seconded, all approved. Motion passes.

Agenda Item 2: President's Report

- Provided update on action items from DEI retreat
- Dr. Thema Bryant: Decolonizing Psychology: Addressing the Wounds of Racial Trauma
 - Hosted by UCSB Healing Center 4/19/22 from 12-1pm on Zoom (see Happenings for registration link)
 - Closed session with Black and African American Students at UCSB GGSE from 1-2pm
- Discussed new home for DEI Action Items living document. Dr. Krasno will re-send link to everyone.

Agenda Item 3: President-Elect's Report

- Drs. Annika Okamoto and Anna Krasno are meeting with president of CAMF

Agenda Item 4: Past President's Report

- Not in attendance, Dr. Anna Krsno read the following:
 - DEI action item: Ensure that the current values of our DEI initiative are part of the legacy awards.
 - Dr. Anna Krasno inquired about the history of the awards. Dr. Karen Lehman offered her perspective.

Agenda Item 5: Treasurer's Report

- Budget review (\$32,742)
- Supporting Dr. Megan Doonahue in supporting DEI related events with the budget.

Agenda Item 6: Secretary's Report

- Updated on attempt to get archived minutes onto website. Dr. Anna Krasno provided emails for website chair.

Agenda Item 7: Student Representative's Report

- None

Agenda Item 8: Continuing Education Committee's Report

- Ongoing calls related to collaborations between Psych Associations (refer to email summary)
- Lunch and Learn tomorrow with Suzanne Grimmasey presenting the results of SBC's survey on the mental health impact on our community members - 7 registrants
 - Dr. Brooke Sears inquired if she can record and send out to members who cannot attend.
- Collaboration with Ventura Cty PA for 3 CE Law & Ethics training planned for Friday, June 10. Because the application was already approved by CPA it is too late to co-sponsor, but agreement for SBCPA to receive reduced rate (\$89, same as Ventura County PA members) in exchange for sharing day-of and after-event responsibilities and promoting event to SBCPA membership. Ventura County CE chair, Dr Myra Saltoun, is eager to formally co-sponsor future events, will continue to discuss.
- Salon CE for July/August with Dr. Susana Lopez (see related LA Times article: <https://www.latimes.com/politics/story/2022-03-20/ethnic-studies-class-spurs-a-racial-reckoning-in-california-wine-country>) on topic tentatively related to the impact of race and racism in the therapy room. She is interested, we are coordinating specifics. May prefer 2 hours instead of 90 minutes which sounds fine.
- Hoping to hear back from the Healing Center at UCSB re request for Salon talk. Will follow up.
- Waiting for CPA materials from Dr Bosch & Dr Escobar Walsh for Integration of MH Apps into Telehealth Salon talk, scheduled for 6/17, 12-1:30. This will be a Zoom talk.
- Collaborating with The Retreat at Pacifica and SBCPA was offered free attendance for the upcoming talk with Jungian analyst, Dr. Samuel L. Kimbles. May 8th, 9-10:30am. He will be drawing from his newly released book: *Intergenerational Complexes in Analytical Psychology*, this series will focus on how human suffering relates to unacknowledged traumatic cultural histories that continue to haunt us in the present. This session will explore the many ways that our internal lives are organized and patterned by racial, ethnic, and national identities, as well as personal experiences. Samuel will lead



attendees through to an understanding of how the emotional dynamics generated by these phantom narratives can act as holding containers that allow us to work with these issues psychologically and offer opportunities for individual and collective healing. (no CE's available)

- In conversation with Dr. Rahdule Weininger about providing a talk about her book.
- Provided questions for the Board: What does “co-sponsorship” or collaboration on an event mean to us? Does CPA have a formal definition/guidelines for co-sponsorship?
 - Dr. Karen Lehman highlighted that there is guidance on this. Dr. Brooke Sears to review.
 - Dr. Anna Krasno shared that reaching out to Jo Linder-Crow, PhD with questions.
- Discussed reimbursement for all scheduled presenters, unless promoting book.

Agenda Item 9: Disaster Response Committee’s Report

- Provided update on American Recovery Plan (ARP) funding
 - Working to support the community based on survey results.
 - Three areas of need have been identified and smaller working groups will be meeting to find ways to solve these needs.
- Dr. Karen Lehman suggested sending out questions for upcoming event to membership broadly.

Agenda Item 10: Media & Public Relations Committee’s Report

- None

Agenda Item 11: Membership Committee’s Report

- Dr. Paula Strauss provided update on re-implementing the mentorship program.
- Dr. Darren Del Castillo inquired about group for BIPOC professionals. Dr. Pati Montojo provided update on status of this and discussions from DEI committee.

Agenda Item 12: Local Advocacy Network Committee’s Report

- Not in attendance, Dr. Anna Krasno shared update that Lobby Day had occurred.

Agenda Item 13: Social Committee’s Report

- Not in attendance, Dr. Anna Krasno provide overview on the following:
- First In-person Social Event being planned for Saturday, April 30th at 2:30 to view Harmonia Rosales’s show Entwined (cover article of last week’s Independent) and then casual outdoor coffee socializing by the UCEN
 - <https://www.independent.com/2022/04/06/african-gods-meet-greek-mythology-in-harmonia-rosales-entwined/>
 - Will discuss accessibility limitations on invitation.
- Committee Chairs: If you would like anything included in Happenings (e.g., CE events, DEI Meeting Summary, etc), please email it to the sbcpssecretary@gmail.com account

- Will be creating the happenings@sbcpa.org Google account soon and send an email with instructions to members; I will also forward the old account emails to the new one during the transition

Agenda Item 14: Ethics Committee's Report

- None

Agenda Item 15: Website Committee's Report

- Dr. Anna Krasno provided update on the following:
- Scheduling meeting with the designer to discuss WildAp vs. ClubExpress and budget if we do ask them to redesign for the new vendor.

Agenda Item 16: DEI Committee's Report

- Provided update that DEI Committee continues to meet monthly and address the agenda items established through feedback from BIPOC practitioners. Through this process we are also addressing our own individual biases.
- SBCPA Community Conversation on Fees and Accessibility 4/29/22 8-9am

Agenda Item 17: Meeting Adjournment

- Meeting adjourned at 9:17AM.