



President: Christina Donaldson, Ph.D.
President-Elect: Anna Krasno, Ph.D.
Treasurer: Eric Nelson, Ph.D.
Secretary: Avery Voos, Ph.D.
LAN Representative: Dean Given, Ph.D.
Student Representative: Oriana McGee, M.S.
Past President: Megan Donahue, Ph.D.

**Santa Barbara County Psychological Association
Board Of Directors Meeting
Minutes**

Regular Board Meeting via Zoom

**June 10, 2021
8:15AM to 9:30AM**

Agenda Item 1: Call to Order and Review of Minutes

- Call to order at 8:20AM
- Attendance and evaluation of quorum: Drs. Avery Voos, Christina Donaldson, Anna Krasno, Eric Nelson, Dean Given, Brooke Sears, Kimberley Taylor, Karen Lehman, Megan Donahue, Winifred Lender, student representative Oriana McGee.
- Review of May 2021 Minutes.
 - Dr. Christina Donaldson motioned, Dr. Anna Krasno seconded, all approved. Motion passes.

Agenda Item 2: President's Report

- Dr. Christina Donaldson provided update on feedback to CPA's task force.
 - Will create google doc for board members to provide feedback for the CPA's task force.
- Inquired about whether we want to plan an in person event this year.
 - Dr. Kimberly Taylor suggested talking about this next month once we have more clarity.
 - Dr. Anna Krasno offered to support in planning when the board is ready.
 - Dr. Karen Lehman indicated that outdoors gathering would not require masks for vaccinated members (unvaccinated attendees would be required to wear masks), but not sure how membership feels.
- Plan to meet in July and take August off as of now.

Agenda Item 3: President-Elect's Report

- Dr. Anna Krasno reported that collegial consultation had not registrants so it was canceled

- Provided updated that next presenter could be Kjell Rudestam and would be more general (don't have date yet)

Agenda Item 4: Past President's Report

- Google Suite secure account now live
 - 3 main email addresses/accounts @sbcpa.org: admin, ce, secretary
 - Includes an enhanced Meet option so we may be able to transition to that instead of annual Zoom membership after next year.
- Website decision this summer-- volunteers to help explore options?
 - Dr. Anna Krasno and Dr. Karen Lehman open to supporting in this.

Agenda Item 5: Treasurer's Report

- Dr. Eric Nelson provided a budget update (\$26,000).
- Dr. Eric Nelson indicated that there are funds available for a particular committee area.
- Dr. Eric Nelson noted that he got some free advertising for SBCPA in the Montecito Journal.
 - Dr. Jordan Witt requested a copy of the article as media chair.
- Dr. Christina Donaldson checked in on grant.

Agenda Item 6: Secretary's Report

- Distribution of events / information relevant to DEI
 - Dr. Megan Donahue discussed the idea that DEI have a subcommittee member present at SBCPA board meetings.
 - Dr. Christina Donaldson reflected board's response that it is okay for the president to make a decision on sending out individual emails about events when they are last minute.

Agenda Item 7: Student Representative's Report

- Ran two student member events in May and June
- Two more events scheduled for June and July, potentially one more before August
- No traction on mentorship program
- Does Wild Apricot track event invitation declines?
 - Dr. Karen Lehman provided overview of how to review email log.

Agenda Item 8: Continuing Education Committee's Report

- Upcoming CE talk with new psychiatrist member
 - Scheduled for 6/23 (Coffee Talk) - has not received feedback from CPA
 - Dr. Sylvie Taylor lined up to do a "coffee talk" on 7/30 "Decolonizing Psychology Curriculum"
 - CA Psychedelic Psychotherapy Center - scheduling for early fall - generally require a fee, but attempting to see if they would do pro bono
 - Provided feedback on attendance of last CE events (13 for Nick Thayler; 22 for Diana Hill)

Agenda Item 9: Disaster Response Committee Report

- Dr. Karen Lehman indicated that COVID-19 weekly newsletters to continue.
- Provided CoVid Updates - moved to Yellow Tier and June 15th; Cal-OSHA workplace guidelines, insurance reimbursement for telehealth; malpractice insurance exclusions related to COVID-19 coverage



- Would like to eventually provide CoVid Check-in for SBCPA Members on re-opening, but require more information.
 - Discussion ensued on information related to re-openings.
 - Dr. Dean Given to reach out to Elizabeth Winkleman at CPA re: insurance coverage for telehealth and re-opening. To report back to Dr. Karen Lehman.
 - Dr. Megan Donahue to reach out re: MHN insurance.
 - Dr. Karen to reach out to Disaster Response Network.
 - Dr. Megan Donahue indicated that it may be helpful to let members know that we are working to understand information on re-openings.
 - Dr. Dean Given discussed the importance of supporting members in providing clients with an overview of re-opening information.
 - Dr. Karen Lehman to send out email to members specifically on re-openings with a google survey link for members to ask questions
 - Provided update on CWT meetings

Agenda Item 10: Media & Public Relations Committee Report

- Dr. Jordan Witt provided update on the recent DEI meeting focused on process and content and indicated that there is a recording available.
- Attempting to build up more contacts with the media and expand media presence.
 - Reached out to people at Montecito Journal and the Independent.
 - Overlapping with work on DEI committee.
- Discussed ideal of creating “flow chart” on how to make immediate responses.

Agenda Item 11: Membership Committee Report

- Virtual Networking event held on 5/28/21.
 - Had 13-14 signed up with 3-4 attending.
- Future Networking events planned for August and November.
- New licensed psychologist member signed up this month.
- Dr. Cristina Donaldson received information from CPA on psychologists who are CPA members but not SBCPA members.
 - Dr. Winfred Lender to reach out to these possible members in October to be able to provide special offer that is already in place (joining in October allows membership through the end of that year and through the next).
 - Dr. Dean Given confirmed this approach has been taken in the past.
 - Dr. Winifred Lender to review by-laws on this.

Agenda Item 12: Local Advocacy Network Committee Report

- Provided update on recent meeting with Assemblymember Bennett and his Ventura lead staff member, Patty Quiroz (attended by Drs. Christina Donaldson and Dean Given).
 - Reviewed a bill related to supporting a national 988 suicide hotline and sending behavioral health clinicians when 911 calls have a primary behavioral health challenge. The conversation was warm and friendly and phone numbers were exchanged if there is ever an urgent need for information.

- Dr. Christina Donaldson will explore a lead with Congressman Carbajal to see if we can get a meet and greet with him. Dr. Dean Given reached out to APA about any information they wish for us to discuss with him and they provided some guidance.
- CPA will hold a town hall meeting on June 23 to discuss the PSYPACT initiative. CPA members are invited to attend. [Here is the link](#) to that meeting. (Please only CPA members attend.)
 - Dr. Karen Lehman indicated that she has signed up for this.

Agenda Item 13: Social Committee Report

- None

Agenda Item 14: Ethics Committee Report

- None

Agenda Item 15: Website Committee's Report

- None

Agenda Item 16: Meeting Adjournment

- Meeting adjourned at 9:29AM.