

President: Christina Donaldson, Ph.D. President-Elect: Anna Krasno, Ph.D.

Treasurer: Eric Nelson, Ph.D. Secretary: Avery Voos, Ph.D.

LAN Representative: Dean Given, Ph.D. Student Representative: Oriana McGee, M.S. Past President: Megan Donahue, Ph.D.

Santa Barbara County Psychological Association Board Of Directors Meeting Minutes

Regular Board Meeting via Zoom

November 11, 2021 8:15AM to 9:30AM

Agenda Item 1: Call to Order and Review of Minutes

- Past President Dr. Megan Donahue led and called meeting to order at 8:17AM.
- Attendance and evaluation of quorum: Dr. Anna Krasno, Megan Donahue, Avery Voos, Kimberly Taylor, Brooke Sears, Jordan Witt, Christina Donaldson, Eric Nelson, Winifred Lender, Dean Givens, and Student Representative Oriana McGee.
- Review of October 2021 Minutes
 - Dr. Anna Krasno motioned to approve, Dr. Christina Donaldson seconded, all approved. Motion passes.

Agenda Item 2: President's Report

- Dr. Christina Donaldson created space to process and get feedback from board members after recent DEI board meeting with Simone Akila.
 - Board members provided their reactions and feedback.
- Dr. Christina Donaldson offered possibility of changing December board meeting so that she can attend.
 - Oriana McGee to send out a doodle poll.

Agenda Item 3: President-Elect's Report

- Dr. Anna Krasno provided update on interest for 2022 Board Open Positions.
 - Dr. Megan Donahue inquired about another person collecting votes as she may be on the ballot.

Agenda Item 4: Past President's Report

- Dr. Megan Donahue provided website update.
 - Design Spinners will explore new vendor test site and report back.
 - Wild Apricot increasing rate.

Agenda Item 5: Treasurer's Report

- Provided budget update: \$25,209
 - Discussed having excess likely related to COVID-19
 - Suggested thinking about use of funds for "one-time" or specific amount allotted for a certain number of years.
 - Dr. Avery Voos suggested allocating funds to DEI committee.
 - Dr. Megan Donahue discussed importance of meeting about allocation of funds.

Agenda Item 6: Secretary's Report

- Review idea that came up at DEI meeting re: email list of all local psychologists.
 - Dr. Winifred Lender stated that they have a list of Santa Barbara County psychologist members of CPA that are not members of SBCPA.
 - Dr. Dean Given stated that CPA has had list of psychologist in zip code range.
 Could ask CPA directly.
 - Dr. Dean Given to contact CPA.

Agenda Item 7: Student Representative's Report

- Has 3 events planned: 11/12/21, 12/3/21, 12/10/21
- Pacifica members still not receiving email blasts.
 - Dr. Megan Donahue discussed challenges with this in the past and suggested contacting Dr. Juliet Rohde-Brown (past board member and Pacifica faculty).

Agenda Item 8: Continuing Education Committee's Report

- Provided update on salon by Dr. Krasno on Autism/Neurodiversity on last Friday
 - We received excellent feedback from attendees
- Upcoming CE events
 - Youth Suicide Prevention with SF psychiatrist on 11/19
 - o (pending approval) Ketamine Assisted Psychotherapy Friday 12/10 6pm
- Future Events
 - Megan meeting with Pacific Pride director regarding possible trainings on best practices in working with gender non-conforming youth
 - Dr. Dean Given suggested using surplus of funds to take "bigger risk" with larger CE events.

Agenda Item 9: Disaster Response Committee Report

None

Agenda Item 10: Media & Public Relations Committee Report

• Provided update on the creativity event.

Agenda Item 11: Membership Committee Report

- Provided update: One new member per month; seem to be new to the area or newly licensed.
- Membership renewal time table is set up. Emails will go out starting in December.

Agenda Item 12: Local Advocacy Network Committee Report

- Has a list of bills that CPA is tracking.
 - Dr. Dean Given to send out list to board members.



 Dr. Dean Given asking CPA to reduce window that insurance company can recoup funds.

Agenda Item 13: Social Committee Report

None

Agenda Item 14: Ethics Committee Report

None

Agenda Item 15: Website Committee's Report

None

Agenda Item 16: Meeting Adjournment

Meeting adjourned at 9:15AM.