



President: Megan Donahue, Ph.D.  
President-Elect: Katherine Olson, Ph.D.  
Treasurer: Eric Nelson, Ph.D.  
Secretary: Avery Voos, Ph.D.  
LAN Representative: Juliet Rohde-Brown, Ph.D.  
Student Representative: Oriana McGee, M.S.  
Past President: Winifred Lender, Ph.D.

**Santa Barbara County Psychological Association  
Board Of Directors Meeting  
Minutes**

**Regular Board Meeting via Zoom**

**September 10, 2020  
8:15AM to 9:30AM**

**Agenda Item 1: Call to Order and Review of Minutes**

- Call to order at at 8:19AM
- Attendance and evaluation of quorum: Drs. Megan Donahue, Avery Voos, Juliet Rohde-Brown, Eric Nelson, Katherine Olson, Kimberly Taylor, Anna Krasno, Winifred Lender, Betsy Bates-Freed and Student Representative Oriana McGee
- Review of July 2020 Minutes
  - Dr. Winifred Lender motioned, Dr. Juliet Rohde-Brown seconded, all approved. Motion passes.

**Agenda Item 2: President's Report**

- Collaboration with member Dr. Diana Hill to co-host a Compassion Focused event for mental health professionals in our community was well attended by range of providers
- Organization plans to continue to hold events virtually until guidance from county public health indicates group gatherings safe
  - Request Board's consideration as to whether to attempt a virtual event (or postpone) for traditional annual events including membership drive wine event, holiday party, Legacy Awards/ Installation Brunch? Recent sign-ups for summer Zoom social events had zero members.
    - Dr. Winifred Lender discussed difficulty of large Zoom social event.
    - Oriana McGee discussed challenges with social events being after hours and managing with children.
    - Dr. Juliet Rohde-Brown discussed possibility of meet and greet via Zoom.
    - Dr. Kimberly Taylor discussed benefit of Saturday check-ins on a less frequent basis (possibly monthly).
      - Dr. Megan Donahue to discuss with Dr. Karen Lehman about getting non-board members to host.





#### **Agenda Item 6: Secretary's Report**

- No report.

#### **Agenda Item 7: Student Representative's Report**

- Antioch University SB announced on 8/19/20 that it will be ending its PsyD program.
  - Have instruction this year and next year to get 17 students through.

#### **Agenda Item 8: Continuing Education Committee's Report**

- Dr. Megan Donahue provided CE report.
- Salon on Sexual Exploitation of Children completed. No additional salon for the year.
- Organizing 6 unit CE on Implicit Bias for Nov or Dec 2020 with Just Communities. Made proposal to them to cover costs and awaiting word to then apply for CEs so we can advertise program

#### **Agenda Item 9: Website Committee's Report**

- See President's report.

#### **Agenda Item 10: Media & Public Relations Committee Report**

- No report.

#### **Agenda Item 11: Membership Committee Report**

- Dr. Megan Donahue provided report.
- Networking Breakfast in August hosted by Dr. Hallie D'Agruma
- Went through pending memberships and reminded pending members to pay dues, deleted duplicate accounts, etc. ("membership clean-up")
- In the process of planning membership drive for the fall
- Dr. Megan Donahue to follow up with Drs. Anahita and Eric Nelson about possibility of reducing membership costs.

#### **Agenda Item 12: Local Advocacy Network Committee Report**

- Chapters being asked to submit letters to Governor Newsom showing support for SB 855. In addition, today, September 10th, between 12 and 2pm, CPA is asking people to tweet the following:
  - "@GavinNewsom, help the countless CA families that depend on treatment to manage mental health and substance use disorders. Sign #SB855 to expand insurance coverage for millions in California!"
- Next statewide CPA-LAN call scheduled for 8am on September 23, 2020.
- Dr. Juliet Rohde-Brown offered to continue in the the role as LAN member but is stretched thin.
  - Dr. Katheirne Olson discussed reaching out to possible candidates.

#### **Agenda Item 13: Social Committee Report**

- Dr. Anna Krasno updated that virtual happy hours and social events have been poorly attended.

- Dr. Betsy Bates Freed updated positive outcome in book club. Sent out google poll about next book but member's didn't receive it, so date moved to Oct. 18 to allow time to choose a book and read it. All SBCPA members are welcome to join the book club for one book or all.
  - Dr. Betsy Bates Freed to send information to secretary to put in Happenings.

#### **Agenda Item 14: Ethics Committee Report**

- No report.

#### **Agenda Item 15: Disaster Response Committee Report**

- Dr. Karen Lehman offered to be on the website subcommittee.
- Provided update on CoVid19 Response -
  - **Ongoing meetings weekly with CWT** - CWT is continuing education and outreach to the community through social media (targeting Isla Vista and farm workers), PSO's, and Brooke Sears is helping create some video messaging, by youth/for youth, on coping with CoVid
  - **Weekly SBCPA CoVid newsletter** for numerous updates pertinent to our community and to our profession
    - Thank You to Chuck Lepkowsky for his dedicated contributions each week.
  - The **weekly county press conference** (links in newsletter) provide excellent information, as well
  - **Weekly Zoom meetings on hold** indefinitely due to Dr. Karen Lehman's schedule being too busy. We had a small, but passionate group in attendance. Offered for others to take these on and host?
- **CPA's DRN** is in the process of scheduling the annual meeting, which will be virtual! (much easier than flying to SFO)
- The CWT were also involved in the planning for the 1 year anniversary of the **Conception memorial** last week (through the CWT) - if you haven't seen it, I included a video and photos in last week's CoVid newsletter. It is located at the end of the break water - very moving and appropriate
- **September is Suicide Awareness month** - perhaps we could release a press statement about this
- *Dr. Karen Lehman offered for board members to email her ANY questions or suggestions on how we can continue to support our members and the public.*

#### **Agenda Item 16: Meeting Adjournment**

- Meeting adjourned at 9:32AM.