

President: Christina Donaldson, Ph.D. President-Elect: Anna Krasno, Ph.D.

Treasurer: Eric Nelson, Ph.D. Secretary: Avery Voos, Ph.D.

LAN Representative: Dean Given, Ph.D. Student Representative: Oriana McGee, M.S. Past President: Megan Donahue, Ph.D.

## Santa Barbara County Psychological Association Board Of Directors Meeting Agenda

#### **Regular Board Meeting via Zoom**

September 9, 2021 8:15AM to 9:30 AM

## Agenda Item 1: Call to Order and Review of Minutes

- Dr. Anna Krasno, President Elect, will call meeting to order
- Call to order at 8:16AM
- Attendance and evaluation of quorum: Drs. Avery Voos, Anna Krasno, Dean Given, Brooke Sears, Winifred Lender, Karen Lehman, Jordan Witt, Megan Donahue, Kimberly Taylor, student representative Oriana McGee and student member Scott Young.
- Review of June 2021 Minutes
  - Dr. Megan Donahue motioned to approve, Dr. Avery Voos seconded, all approved. Motion passes.
- Review of July 2021 Minutes
  - Dr. Megan Donahue motioned to approve, Dr. Dean Given seconded, all approved. Motion passes.

#### Agenda Item 2: President's Report

- Dr. Christina Donaldson absent. Dr. Anna Krasno provided the following report:
- BOP met August 27th to discuss PSYCHPACT. If anyone is interested in the BOP discussion it can be found at this link <u>Board of Psychology Meeting (Part 2) - August 27</u> 2021
  - Reason why Telepsychology Committee did NOT want to recommend being a part of PSYCHPACT to the BOP.
    - 1. Exclusion of non APA accredited programs and their graduates don't want to set up a two tier system where APA graduates are given more privilege. Also, non APA programs tend to have more underrepresented individuals, the BOP doesn't want to inadvertently contribute to systemic racism.

- 2. Inconsistency of licensing statutes and CE requirements between states. Consumers may be subjected to psychologists from other states that are not as qualified as CA BOP would like them to be.
- 3. Delegating too much authority to a non governmental organization.
- 4. Cost factor as well as taking on more responsibilities. Staff is already stretched too thin.

## Agenda Item 3: President-Elect's Report

- Dr. Anna Krasno indicated that she is beginning to work on next year's slate.
  - Dr. Krasno will be reaching out to current board members to see what their interest in
- Provided update from CPA Call with Jo Linder-Crow on Call for Nominations process for board member positions.
  - Put out formal broad call for nominations.
- In line with feedback received by DEI committee from consultant Simone Ruskamp.
- Dr. Anna Krasno to establish a more formal process, write it down.

## Agenda Item 4: Past President's Report

- Provided update on website vendor change.
  - Met with new account executive at Club Express.
  - Wild Apricot subscription ends mid-December.
    - Hope to do new membership drive with new website.
    - New package would migrate old data from Wild Apricot.

# Agenda Item 5: Treasurer's Report

- Dr. Eric Nelson not present.
- Provided budget update \$25,734

#### Agenda Item 6: Secretary's Report

None

### Agenda Item 7: Student Representative's Report

- Provided update on the possibility of 1 or 2 presentations before the end of the year.
- Discussed challenge of lapsed memberships and possibility of 12 month membership.
  - Dr. Megan Donahue discussed importance of following up with Membership chair.

#### Agenda Item 8: Continuing Education Committee's Report

- Budget-- see Past President's report
- Dr. Richard Liu is lined up tentatively to talk about child and adolescent suicidality (November 19th).
- California Center for Psychedelic Therapy aiming for October evening talk.
  - o Presenters have asked for reimbursement.
  - o Dr. Karen Lehman offered her perspective on reimbursing.
  - Oriana McGee motioned to approve the budget of \$250 for the upcoming CE on Psychedelics in Psychotherapy. Dr. Megan Donahue seconded.
    - Dr. Karen Lehman discussed as CE chair that occasionally there would be a budget set for CE's.



- Discussed reasons for compensation (out of town, areas of expertise with strong research asking).
- All in favor Four voting members: Drs. Anna Krasno, Megan Donahue, Avery Voos and Oriana McGee. Three non-voting members also approve (Drs. Brooke Sears, Jordan Witt, Karen Lehman)
- All opposed: Two voting members: Dean Given and Kimberly
- Motion passes.
- Discussed possibility of compensating CE presenters and adding CE budget annually.
  - Dr. Karen Lehman discussed past budget for incidental food / drink budget and venue for larger events.
  - Dr. Kimberly Taylor discussed concerns about limited revenue. Discussed possibility of having people sponsor events.
  - Dr. Megan Donahue discussed possibility of changing process (possibly limit number of CEs).
  - Dr. Dean Given discussed concern about setting precedent for reimbursing certain presenters without a policy in place.

# **Agenda Item 9: Disaster Response Committee Report**

- Provided update that there are no fires locally.
- Discussed helpful upcoming CPA talk on Disaster recovery.
- Provided updates on CoVid Newsletter.
- Provided update on the American Recovery Plan- which includes Funds and Community Assessment.
- Offered space for questions / needs of Disaster Committee.

## Agenda Item 10: Media & Public Relations Committee Report

- Dr. Jordan Witt has been contacted by Cottage Hospital requesting practitioners interested in participating in Grand Rounds.
  - Dr. Karen Lehman noted that current Grand Rounds do not provide CE's to Psychologists
    - Dr. Megan Donahue noted that CPA has not approved this in the past.
  - Dr. Megan Donahue offered reflection that Dr. Jordan Witt is able to contact members about this type of opportunity.
- Continuity with DEI initiatives in public statements

## Agenda Item 11: Membership Committee Report

- Email invitation sent to CPA members who are not SBCPA members (most from Santa Maria).
- New Member Spotlight feature is popular.
- Virtual Networking coffee is planned for September 25 at 9am. Already have 3-4 members signed up.
- Provided website update. Had reached out to the Website Committee Chair to make necessary adjustments (archived contacts).

# Agenda Item 12: Local Advocacy Network Committee Report

 Nothing new to report. Please do comply with the APA advocacy requests and encourage others to do so.

# Agenda Item 13: Social Committee Report

- Dr. Jordan Witt offered idea of Creativity event (in conjunction with Dr. Juliet Rohde-Brown), possibly outdoors in person.
  - Dr. Dean Given noted that there would not be a liability concern about offering in person event that required.

# Agenda Item 14: Ethics Committee Report

None

## Agenda Item 15: Website Committee's Report

None

# Agenda Item 16: Meeting Adjournment

Meeting adjourned at 9:30AM